## **Healthy Families**

## THE UNIVERSITY CHURCH - Reynolds Elementary School

BUILDING ACADEMIC SUCCESS - BUILDING HEALTHY CHILDREN - BUILDING STRONG COMMUNITY





A large part of building healthy children is helping families of all types to become healthy, functional and whole. We work with families within the Reynolds

Elementary catchment area by building relationships, establishing trust, and working together on parenting skills and understanding family dynamics.





We employ the ACT Against Violence curriculum to teach nonviolent parenting techniques.

And we use the COFI (Community Organizing & Family Issues) training model to teach parent leadership skills.





Parent Group



Parent Cafe



Grandparents' Day



Family Fun Nights



Resource Room



Resource Referrals



Home Visits



Staff Professional Development



Our Children

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JOIN US IN MAKING A DIFFERENCE



Parent Engagement



Faith Community Family Extended Family

## **Parent Voices**

"Our success will help our family."

"Be a leader for your kids, they will follow in your footsteps."

"As a parent, I have learned a lot, and I've learned that I am not alone."

"Change in a community comes from people working together."

Parenting is hard and when support structures are absent, the task can become overwhelming. When we come alongside families who struggle with parenting, we encourage involvement in parent support groups and in programs designed to teach parenting skills and help develop parents as leaders in their communities. Our Parent Cafe is designed as a vehicle for parents to have their own conversations about keeping their families strong. Our team undertakes home visits with families and provides parenting resources via our Resource Room.

Events like Family Fun Nights and Grandparents' Day help to build relationships within and between families while our parent-led events (such as bake sales to raise funds for community projects) are designed to move parents from involvement to engagement.

Our work with families is supported financially by our 21st Century Community Learning Center grant, our Community Connectors grant (both from the Ohio Department of Education), Title 1 funds via Toledo Public Schools, as well as by other partners, through fundraisers, and by contributions from individuals like you.

Supporting organizations that assist our work with families include the RFS Charitable Foundation, Lucas County Family and Children First Council, Toledo Public Schools and Partners in Education.

Master of Social Work Interns from The University of Michigan, Lourdes University and The University of Toledo as well as AmeriCorps VISTAs (Volunteers In Service To America) via LISC (Local Initiatives Support Corporation) participate in our work with families.

Tiffany Ways is our School Program Director and oversees all of our work with Reynolds Elementary School and the associated community. Tiffany is passionate about working with families and she has been involved with The University Church since its inception. Tiffany can be reached at:

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Thank you for your interest in our work with families and we look forward to your engagement with our community.

